

**CONFIDENTIAL PATIENT INFORMATION**

(Please Print)

Name: \_\_\_\_\_  
First Middle Last

Address: \_\_\_\_\_

Mailing Address(If Different): \_\_\_\_\_

Please indicate the best number to reach you

	<u>May we call you?:</u>	<u>Leave a message?</u>
Home Phone: ( ) _____	<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
Work Phone: ( ) _____	<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No
Cell Phone: ( ) _____	<input type="radio"/> Yes <input type="radio"/> No	<input type="radio"/> Yes <input type="radio"/> No

May we text an appointment reminder?  Yes  No, I will manage my own appointment reminders.  
May we contact you through email:  Yes  No Send appt reminder through email?  Yes  No  
e-Mail: \_\_\_\_\_

Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_  
Sex:  Male  Female / Marital Status:  Single  Married  Divorced  Separated  Partnered  Other  
Employer: \_\_\_\_\_  F/T  P/T / Student  F/T  P/T

**INSURANCE INFORMATION**

Primary Insurance Carrier: \_\_\_\_\_ Ins. Phone #: \_\_\_\_\_  
Policy Holder Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Policy/ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_  
Social Security # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Employer: \_\_\_\_\_  
Relationship to patient:  Self  Other \_\_\_\_\_ Phone: \_\_\_\_\_  
Secondary Insurance Carrier: \_\_\_\_\_ Ins. Phone #: \_\_\_\_\_  
Policy Holder Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Policy/ID Number: \_\_\_\_\_ Group Number: \_\_\_\_\_  
Social Security Number: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Employer: \_\_\_\_\_  
Relationship to patient:  Self  Other \_\_\_\_\_ Phone #: \_\_\_\_\_

**RESPONSIBLE PARTY INFORMATION (if other than patient)**

Name: \_\_\_\_\_ Check if:  Custodial Parent  Legal Guardian  
Address: \_\_\_\_\_  
Home Phone: ( ) \_\_\_\_\_ Work Phone: ( ) \_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_  
Relationship to Patient: \_\_\_\_\_ Sex:  Male  Female  
e-Mail: \_\_\_\_\_

**PATIENT'S OR AUTHORIZED PERSON'S SIGNATURE:** I authorize the release of any medical or other information necessary to process all claims. I authorize payment of medical benefits to: CM Reid & Associates, Inc./Central Florida Counseling & Psychological Services, Inc,

**SIGNED:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**FOR OFFICE USE ONLY:** Dx: \_\_\_\_\_

## CONSENT FOR SERVICES

This form is to document that I, \_\_\_\_\_ give my permission and consent  
PRINT NAME  
to Central Florida Counseling & Psychological Services, Inc., to provide psychotherapeutic treatment  
and/or assessments to me and/or \_\_\_\_\_,  
PRINT NAME  
who is/are my child/children or for whom I am legal guardian, custodian, or legal Power of Attorney.

I understand the following:

- Although I expect benefits from this treatment and/or evaluation, such benefits or particular outcomes cannot be guaranteed.
- This therapist is not providing an emergency service. In case of an emergency, please call 911 or go to your nearest emergency room.
- Regular attendance will produce maximum benefits, but I am free to discontinue treatment at any time.
- Your therapist may terminate treatment for non-compliance of treatment goals, no shows, last minute cancelations, inappropriate or criminal behavior or non-payment of fees.
- We may utilize a collection service for non-payment of fees.
- Conversations with the therapist are confidential. However, by law, there are certain exceptions to the limits of confidentiality. These limits include actual or suspected child abuse, elder abuse, and threats of harm toward oneself or others. The therapist will make reasonable efforts to discuss these issues before breaking confidentiality, however disclosure may become necessary when ordered by a court of law.

## COORDINATION OF TREATMENT

It is important that all healthcare providers work together. As such, I would like your permission to communicate with your Primary Care Physician and/or Psychiatrist. Your consent is valid for one year. If you prefer to decline consent no information will be shared.

\_\_\_\_\_ You may inform my Physician(s). \_\_\_\_\_ You may NOT inform my Physician.

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Is there someone else you would like us to share information with?

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## **NOTICE OF PRIVACY PRACTICES**

I have read a copy of HIPAA posted in the office (A copy is available upon request). This document outlines the method of communications that work within the privacy guidelines covered by law.

**Electronic Communication:** If I choose to utilize an electronic means of communication with my therapist or the staff of Central Florida Counseling & Psychological Services, Inc (the Office) I understand that not all formats are considered HIPAA compliant. Therefore, while we will make a best effort to protect your information, I cannot be guaranteed the same confidentiality as in-office, person to person communication. For instance, emails, SMS texts and phone calls are not HIPAA compliant. Your therapist can confirm if your desired method of communication is HIPAA compliant, and if not he/she may offer HIPAA compliant alternatives where applicable.

As a convenience to our patients, we may also offer Telehealth options where it is determined by your therapist that your sessions can be offered in a remote setting (e.g. at home). Your therapist will discuss the available options for these sessions as appropriate. I understand that my therapist, or the office, cannot be held liable for any disclosure of any information shared by me that is not via a confirmed HIPAA method. Additionally, I understand that even while using HIPAA compliant software, in very rare instances, security protocols could fail, causing a breach of privacy of personal information. I understand I may discuss any concerns about these policies with my therapist.

## **FINANCIAL AGREEMENT**

As a courtesy, our billing service will file claims with the insurance company on your behalf based on the accuracy of the information you provided us. I understand that it is my responsibility to pay any deductibles, co-insurance or any other balance not paid by my insurance within a reasonable period, not to exceed 60 days. Insurance is a contract between you and your insurance company, and we have limited access to your insurance benefit information. We may verify your benefits, however, this is not a guarantee of benefits. Ultimately, it is the patient's responsibility to confirm coverage with your insurer as well as to determine if any additional authorization is required. We have the right to utilize a collection service for any outstanding balances.

**Other Fees:** Treatment Summary Requests, Professional Letters, E-mails or Phone/Conference calls may be billed, if requested, in 15-minute increments at the individual therapeutic rate. If you need to cancel or reschedule an appointment, please give us 24 business hours advance notice; otherwise, you will be billed at the hourly rate. If you permit us, we will send a courtesy SMS text and/or email reminder, however we are not responsible for lost or undelivered messages.

If I am asked to participate in any legal proceedings on your behalf, my rates are \$240 per hour with a 3-hour minimum and includes preparation, travel and testimony.

***By signing below, I am confirming that I have read and understand the above Notice of Privacy Practices and the Financial Agreement and agree to the terms outlined.***

**Signature(s):** \_\_\_\_\_ Date: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_

What would you like to see accomplished in therapy? \_\_\_\_\_

**CHIEF COMPLAINT (CHECK ALL THAT APPLY TO YOU):**

<input type="checkbox"/> Depression <input type="checkbox"/> Low energy <input type="checkbox"/> Low self-esteem <input type="checkbox"/> Poor concentration <input type="checkbox"/> Hopelessness <input type="checkbox"/> Worthlessness <input type="checkbox"/> Guilt <input type="checkbox"/> Sleep disturbance (more/less) <input type="checkbox"/> Appetite/weight change (more/less) <input type="checkbox"/> Thoughts of hurting yourself <input type="checkbox"/> Thoughts of hurting someone else <input type="checkbox"/> Isolation/social withdrawal <input type="checkbox"/> Sadness/loss <input type="checkbox"/> Stress <input type="checkbox"/> Anxiety/Panic <input type="checkbox"/> Heart pounding/racing <input type="checkbox"/> Chest pain <input type="checkbox"/> Trembling/shaking <input type="checkbox"/> Sweating <input type="checkbox"/> Chills/hot flashes <input type="checkbox"/> Tingling/numbness <input type="checkbox"/> Fear of dying <input type="checkbox"/> Fear of going crazy <input type="checkbox"/> Nausea <input type="checkbox"/> Phobias <input type="checkbox"/> Obsessions/compulsive behaviors <input type="checkbox"/> Thoughts racing <input type="checkbox"/> Not thinking clearly/confusion <input type="checkbox"/> Easily agitated/frustrated/angered <input type="checkbox"/> Delusions/hallucinations	<input type="checkbox"/> Feeling that you are not real <input type="checkbox"/> Feeling things around you are not real <input type="checkbox"/> Lose track of time <input type="checkbox"/> Unpleasant thoughts won't go away <input type="checkbox"/> Defies rules <input type="checkbox"/> Blames others <input type="checkbox"/> Argues <input type="checkbox"/> Excessive use of drugs and/or alcohol <input type="checkbox"/> Excessive use of prescription medication <input type="checkbox"/> Excessive behaviors (spending, gambling, sex) <input type="checkbox"/> Physical abuse issues <input type="checkbox"/> Sexual abuse issues <input type="checkbox"/> Spousal abuse issues <input type="checkbox"/> Other problems/symptoms: _____ _____ _____ The degree to which these symptoms cause distress with day to day functioning: <b>At Work:</b> <input type="radio"/> Minimal <input type="radio"/> Moderate <input type="radio"/> Severe  <b>At Home:</b> <input type="radio"/> Minimal <input type="radio"/> Moderate <input type="radio"/> Severe  <b>Socially:</b> <input type="radio"/> Minimal <input type="radio"/> Moderate <input type="radio"/> Severe
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Previous outpatient therapy?  No  Yes, with \_\_\_\_\_

What was accomplished? \_\_\_\_\_

Previous hospitalization?  No  Yes   Number of hospitalizations \_\_\_\_\_

ECT/TSM? \_\_\_\_\_ If yes, when \_\_\_\_\_

**History Form- Adult**

Name \_\_\_\_\_ Date \_\_\_\_\_ Age \_\_\_\_\_

What has led you to seek counseling at this time? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Who referred you? \_\_\_\_\_

**What is your relationship status?**

Single     Engaged     Married     Partnered     Divorced     Widowed  
 Separated     Cohabiting and unmarried    Spouse/Partner's Name: \_\_\_\_\_

How would you describe your current relationship?     Excellent     Good     Fair     Poor

How many times have you been married?     None     Once     Twice     Three or more

How would you describe your past relationship(s)?     Excellent     Good     Fair     Poor

**Please describe your current living situation:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Please list your strengths:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Religious / Spiritual / Social Issues:**

Are religious or spiritual issues important to you?     Yes     No

Do you wish to discuss them in counseling, when relevant?     Yes     No

Do you feel that you can socialize with others easily?     Yes     No

List clubs and organizations, you belong to: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

What do you do for pleasure and relaxation? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_

**Please tell us about your children:**

I do not have children

Age of First Pregnancy \_\_\_\_\_ or Age of First Fatherhood \_\_\_\_\_

1. Name \_\_\_\_\_ Age \_\_\_\_\_ Sex:  Male  Female

Biological  Adopted  Step  Foster  Relative  Other \_\_\_\_\_

Does this child live with you?  Yes  No

Does this child have a physical, emotional or learning disability?  Yes  No

How you describe your relationship with this child?  Excellent  Good  Fair  Poor

2. Name \_\_\_\_\_ Age \_\_\_\_\_ Sex:  Male  Female

Biological  Adopted  Step  Foster  Relative  Other \_\_\_\_\_

Does this child live with you?  Yes  No

Does this child have a physical, emotional or learning disability?  Yes  No

How you describe your relationship with this child?  Excellent  Good  Fair  Poor

3. Name \_\_\_\_\_ Age \_\_\_\_\_ Sex:  Male  Female

Biological  Adopted  Step  Foster  Relative  Other \_\_\_\_\_

Does this child live with you?  Yes  No

Does this child have a physical, emotional, or learning disability?  Yes  No

How you describe your relationship with this child?  Excellent  Good  Fair  Poor

\* Please include additional children in the space below.

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Family History:**

Please describe any family history that may be relevant in our sessions, such as divorce, death, illnesses, issues with siblings, etc. \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Education:** What is the highest grade you have completed? \_\_\_\_\_

**Occupation:** Are you currently employed?  Yes, full-time  Yes, part-time  No

If yes, how long have you been employed? \_\_\_\_\_

Employer: \_\_\_\_\_

Job Title/ Occupation: \_\_\_\_\_ (If retired, previous occupation)

**Legal History/ Social Agency Involvement:**

Have you ever been charged with a crime, other than a minor traffic offense?  Yes  No

If yes, please describe \_\_\_\_\_

**Medical History:**

Have you ever had the following (if yes, please describe):

Major Illness \_\_\_\_\_ Date: \_\_\_\_\_

Serious Physical Injury \_\_\_\_\_ Date: \_\_\_\_\_

Accident \_\_\_\_\_ Date: \_\_\_\_\_

How would you describe your current health?  Excellent  Good  Fair  Poor

Please describe any current medical problems: \_\_\_\_\_

Are you currently receiving disability?  Yes  No

Have you recently applied for disability?  Yes  No

**Medications: Include prescription and non-prescription drugs and/or supplements.**

(If you need to add more - please put on the back of this sheet or attach a list)

Drug	Dose Frequency	Reason given	Prescribing Doctor	Date started	Comments

Has a physician ever recommended any anti-anxiety, anti-depressant, ADHD, or anti-psychotic medication for you?  Yes  No If yes, please describe: \_\_\_\_\_

**Tobacco Use:**

Do you use tobacco of any form?  Yes  No

**Substance usage:**

Do you use drugs?  Yes  No

If you use drugs, what kind you use and frequency: \_\_\_\_\_  
\_\_\_\_\_

Do you consume alcohol?  Yes  No

If you consume alcohol, how much do you consume? (Please list type and frequency) \_\_\_\_\_  
\_\_\_\_\_

Have you ever felt like you should cut down on your alcohol or other drugs use (including prescription drugs)?  Yes  No

Has a friend or relative discussed concerns about your drug or alcohol use?  Yes  No

Have you ever had to take a drink or use a drug the next day to steady your nerves?  Yes  No

Are you a recovering alcoholic or recovering drug addict?  Yes  No

Is there a history of problems with alcohol or drug use in your family?  Yes  No

**Suicide Assessment:**

Have you attempted suicide?  Yes  No

If yes, how long ago was the last attempt? \_\_\_\_\_ How many total attempts? \_\_\_\_\_

Do you have current thoughts of harming yourself?  Yes  No

If yes, do you have a plan?  Yes  No

If yes, please describe your plan: \_\_\_\_\_  
\_\_\_\_\_

Do you have the means to carry out this plan?  Yes  No

Your intention on initiating the plan:  None  Minimal  Moderate  Severe

Do you feel you have a support system (Family, Friend, Agencies, Church)?  Yes  No

If yes, who are they? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Additional comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_